

## **THE IMPACT OF CENTERING PREGNANCY™ GROUP PRENATAL CARE ON PATIENT SATISFACTION**

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### **Abstract**

**Background:** CenteringPregnancy group care begins after the initial prenatal assessment and continues with 9-10 two-hour sessions for 8-12 women with similar due dates. Research shows decreased preterm births, increased breastfeeding, and increased patient satisfaction. The study aim is to evaluate patient satisfaction and compare perspectives of nulliparous to multiparous women.

**Methods:** Anonymous evaluation forms completed from 7/2013 to 8/2015 were retrospectively reviewed. Data were analyzed using ChiSquare and Fisher Exact test.

**Results:** 87 evaluation forms were available for analysis. 75% were nulliparous. Satisfaction varied from 80-94% among pregnancy educational topics. 94% liked group prenatal care. 95% felt comfortable having assessments in the group setting. 88% felt prepared for labor and parenting. Satisfaction was consistent among all groups. There was no difference in overall satisfaction between nulliparous and multiparous patients.

**Conclusion:** Group prenatal care creates a supportive and comfortable healthcare environment as endorsed by high satisfaction scores in our study.