

Review of Enhanced Recovery Program Outcomes in Benign Gynecology- Focused Talk
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Enhanced Recovery Programs (ERPs) are evidence-based protocols designed to improve functional rehabilitation after surgery. ERPs have gained widespread acceptance in many surgical disciplines, showing significant improvements in patient outcomes while reducing hospital length of stay (LOS). A large body of evidence in the colorectal and gynecologic oncology surgery literature demonstrates significant reduction in length of hospital stay, decrease in postoperative complications, reduced health care costs, and increased patient satisfaction after widespread adoption of ERP protocols. Creating standardized surgical protocols has been shown to improve patient safety. This focused talk will review the component of ERP's in each phase of care and present the existing literature of outcomes of ERP's in the benign gynecologic population.